

[do your elective here]





Join other medical & surgical residents from across the continent for Canada's only full month elective of its kind.





The Resident Physician Elective in Wilderness Medicine is a 1-month elective opportunity specifically for medical residents & registrars and coordinated by McGill University and WildernessMD®. Our unique program gives participants a chance to learn from our distinguished international faculty, master their skills with daily simulations, and enjoy the backcountry in different nature reserves and provincial parks. Our course covers everything from review of the essentials to numerous advanced topics including previous topics like polar medicine, wilderness management of obstetric emergencies, remote field amputation, altitude illness in pediatrics, consideration planning for special populations, wilderness ultrasound and point-of-care testing, wilderness EMS medical direction, and more.

When: March 8 - April 4, 2026 (to be confirmed)

Where: Multiple sites including Parc Nationale des Monts-Valins, Parc National du BIC, and the Reserve Fauniques de Matane

Cost: budgeted at \$8790 (+ tax) including lodging during the entire elective, ski, shovel, probe, & avalanche beacon rentals, multiple certification fees, and travel between the 4 teaching sites.

Eligibility: The course is open to residents with a specific interest in wilderness medicine who are completing at least their second year of a residency program (R2). Demonstration of a level of fitness appropriate to the activities and wilderness experience is mandatory. Participants should be comfortable on skis or snowshoes (preferably both). Application to the program is open though preference will be given to students with previous training/experience and for individuals intending to pursue a career in this field.



“Overall an extremely impressive elective in terms of organization, location, content, and overall experience. I would do it again in a heartbeat. By far the most interesting elective I have done in residency!”

- RPEWM Participant

“I feel fortunate to have participated in a lot of wilderness medicine courses over the years, ranging from weekend wilderness first aid and WFRs, to [multiple] medical student electives. I can say that hands-down, the RPEWM is the most impressive undertaking by far and away. The quality of the instructors, with BOTH real-world outdoors expedition experience and medical experience was unparalleled.”

- RPEWM Participant

Sample Schedule (from previous years)

Saguenay, QC

13 - Patient Assessment in the Wilderness
Parc Monts-Valin

14 - Wilderness Travel & Nutrition

15 - Essential Topics in Wilderness Medicine

16 - Patient Packaging and Transport

17 - Expedition Medicine

18 - Advanced Improvisation

19 - Wilderness Ultrasound

20 - Coordinating Evacuations

21 - Multi-Casualty Incidents

22 - Basics of Search and Rescue

23 - Wilderness Med-Ed 1

Improvised Procedures

24 - Wilderness Med-Ed 2

Expedition Medical Kits

Parc Jacques-Cartier

25 - WMIG Crash Course for Medical Students

26 - WMIG Race for Medical Students

27 - Wilderness Dentistry

Improvised Field Amputation

28 - Medicine in the Antarctic

Pediatrics at Altitude

29 - Neurological Problems at Altitude

Gynecological Problems in the Wilderness

Parc du Bic

30 - Survival: Shelter Building

Fire Starting

31 - Survival: Wilderness Navigation

Water Procurement

Auberge des Chic-Chocs

1 - Recreational Avalanche Training

2 - Avalanche Medicine and Rescue

3 - Special Populations in the Wilderness

4 - Wilderness EMS Medical Direction

5 - Essentials of Roped Rescue

6 - Advanced Rescue and Extended Scenarios

7 - Final Examination

RESIDENT PHYSICIAN ELECTIVE IN
**WILDERNESS
MEDICINE**



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